



Broome & Tioga County Breastfeeding Resource Guide

Broome County Health Department

Maternal Child Health & Development

Kathy Marsh PHN, CLC 607-778-2856
Marie Shafer PHN, CLC 607-778-2820
Shelby Tennant PHN, CLC 607-778-3919

Provides lactation counseling services by phone and
in-home visits by appointment.

Broome County WIC (WIC Clients Only)

Patti Davies CLC 607-778-2845
Peer Counselors 607-778-3904

Provides support in-office 9 am-3 pm M-F and by phone
everyday 8 am-10 pm, including weekends and holidays.
Help with obtaining breast pumps through insurance.
BREAST PUMP RENTALS

La Leche League of Greater Binghamton

Tracy Adams - 607-341-2436
adams.tracy@gmail.com
Lauren Hickey – 607-427-3059
proudmomma411@gmail.com

Monthly Support Groups are held in two locations.
They are led by a mother who has breastfed her own babies
and has been trained and accredited by La Leche League
International to help breastfeeding mothers.

<http://lllbinghamtonny.weebly.com>

Our Lady of Lourdes Hospital

Barb Balaci RN, MS, IBCLC
Laura Walker RNC, IBCLC
607-798-5423

Provides inpatient, outpatient and phone lactation
consultant services regardless of birth hospital.
Outpatient visits by appointment
BREAST PUMP RENTALS

Tioga Opportunities, Inc. WIC Program

Morgan Baker CLC
Kathy Brace CLC
Office 607-687-3147
Peer Counselors 607-972-3224
607-321-7738

Provides lactation counseling services.
Peer Counselors available 24/7 by phone.
Monthly Support Groups are held in two locations.

UHS Physician Practices

Binghamton Pediatrics 607-762-2468
Chenango Bridge Pediatrics 607-648-6667
Jennifer Woodford FNP-C, IBCLC
JC Family Practice 607-763-6075
UHS OB/GYN 607-763-8088
UHS Perinatal Center 607-763-6101
Vestal Site Call Center 607-797-1251

Telephone counseling and lactation services available
by appointment for their patients.

UHS Stay Healthy Center

Megan Farmer RN, CLC
Karen Fedczuk RN, CLC
Katie Haney RN, CLC
Chris Longo RN, BSN, IBCLC
607-763-5555

Provides outpatient lactation services
by appointment or by phone free of charge.

Other Helpful Resources Include:

www.breastfeedingpartners.org
www.womenshealth.gov
www.kellymom.com
www.everymother.org

These resources provide information about
breastfeeding in general and going back to work